

September 22 - Hieromartyr Phocas, bishop of Sinope

FIRST ANTIPHON. PSALM 91.

It is good to give thanks to the Lord; to sing praises to Your name, O most High.

Refrain: Through the prayers of the Mother of God, O Savior, save us.

To declare Your mercy in the morning, and Your faithfulness every night.

Refrain: Through the prayers of the Mother of God, O Savior, save us.

To show that the Lord is upright, and there is no unrighteousness in Him.

Refrain: Through the prayers of the Mother of God, O Savior, save us.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Refrain: Through the prayers of the Mother of God, O Savior, save us.

SECOND ANTIPHON. PSALM 92.

The Lord is King, He is clothed with majesty; the Lord is clothed with strength, He has girded Himself.

Refrain: Through the prayers of Your saints, O Savior, save us.

The world also is established, so that it cannot be moved.

Refrain: Through the prayers of Your saints, O Savior, save us.

Your decrees are very sure; holiness befits Your house, O Lord, forevermore.

Refrain: Through the prayers of Your saints, O Savior, save us.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Only-begotten Son...

THIRD ANTIPHON. PSALM 94

O come, let us sing unto the Lord; let us make a joyful noise to the rock of our salvation.

Refrain: O Son of God, Who are wondrous in Your saints, save us who sing to You: Alleluia!

Let us come before His presence with thanksgiving, let us make a joyful noise to Him with songs of praise.

Refrain: O Son of God, Who are wondrous in Your saints, save us who sing to You: Alleluia!

For the Lord is a great God, and a great King above all gods.

Refrain: O Son of God, Who are wondrous in Your saints, save us who sing to You: Alleluia!

In His hand are the deep places of the earth; the strength of the hills is His also.

Refrain: O Son of God, Who are wondrous in Your saints, save us who sing to You: Alleluia!

TROPARIA

Tone 4 By sharing in the ways of the Apostles,
you became a successor to their throne.

Through the practice of virtue,

you found the way to divine contemplation, O inspired one of God;

by teaching the word of truth without error, you defended the Faith,

even to the shedding of your blood. // Hieromartyr Phocas, entreat Christ God to save our souls.

Tone 4 In truth you were revealed to your flock as a rule of faith,
a model of meekness, and teacher of abstinence,
so you won the heights by humility, and riches by poverty,
O Holy Father Nicholas,
intercede with Christ God to save our souls.

Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen.

KONTAKION

Tone 6 Protection of Christians never failing, / Mediatrix before the Creator, ever constant. / Do not despise the voice of prayer of sinners, / but in your goodness come to help us who faithfully call upon you. / Hasten to entreat, hurry to pray, O Theotokos, // interceding always for those honor you.

The Prokeimenon in the Third Tone: My soul magnifies the Lord / and my spirit rejoices in God my Savior. (Luke 1:46-47)

v: For He has regarded the low estate of His handmaiden; for behold, henceforth all generations will call me blessed. (Luke 1:48)

THE READING IS FROM THE SECOND EPISTLE OF THE APOSTLE PAUL TO THE CORINTHIANS. (13:3-14) Brethren, you seek a proof of Christ speaking in me, who is not weak toward you, but mighty in you. For though He was crucified in weakness, yet He lives by the power of God. For we also are weak in Him, but we shall live with Him by the power of God toward you. Examine yourselves as to whether you are in the faith. Test yourselves. Do you not know yourselves, that Jesus Christ is in you? – unless indeed you are disqualified. But I trust that you will know that we are not disqualified. Now I pray to God that you do no evil, not that we should appear approved, but that you should do what is honorable, though we may seem disqualified. For we can do nothing against the truth, but for the truth. For we are glad when we are weak and you are strong. And this also we pray, that you may be made complete. Therefore I write these things being absent, lest being present I should use sharpness, according to the authority which the Lord has given me for edification and not for destruction. Finally, brethren, farewell. Become complete. Be of good comfort, be of one mind, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Amen.

Alleluia, Tone 8

v. Hear, O daughter, and see, and incline your ear. (Psalm 44:11)

v. Before your face the richest of people will pray. (Psalm 44:13)

THE HOLY GOSPEL ACCORDING TO LUKE (4:1-15)

COMMUNION HYMN

I will receive the cup of salvation and call on the name of the Lord. Alleluia! Alleluia! Alleluia! (Psalm 115:4)