

October 14 – Venerable Paraskeva of Tarnovo

FIRST ANTIPHON. PSALM 91.

It is good to give thanks to the Lord; to sing praises to Your name, O most High.

Refrain: Through the prayers of the Mother of God, O Savior, save us.

To declare Your mercy in the morning, and Your faithfulness every night.

Refrain: Through the prayers of the Mother of God, O Savior, save us.

To show that the Lord is upright, and there is no unrighteousness in Him.

Refrain: Through the prayers of the Mother of God, O Savior, save us.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.
Amen.

Refrain: Through the prayers of the Mother of God, O Savior, save us.

SECOND ANTIPHON. PSALM 92.

The Lord is King, He is clothed with majesty; the Lord is clothed with strength, He has girded Himself.

Refrain: Through the prayers of Your saints, O Savior, save us.

The world also is established, so that it cannot be moved.

Refrain: Through the prayers of Your saints, O Savior, save us.

Your decrees are very sure; holiness befits Your house, O Lord, forevermore.

Refrain: Through the prayers of Your saints, O Savior, save us.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages.
Amen.

Only-begotten Son...

THIRD ANTIPHON. PSALM 94

O come, let us sing unto the Lord; let us make a joyful noise to the rock of our salvation.

Refrain: O Son of God, Who are wondrous in Your saints, save us who sing to You: Alleluia!

Let us come before His presence with thanksgiving, let us make a joyful noise to Him with songs of praise.

Refrain: O Son of God, Who are wondrous in Your saints, save us who sing to You: Alleluia!

For the Lord is a great God, and a great King above all gods.

Refrain: O Son of God, Who are wondrous in Your saints, save us who sing to You: Alleluia!

In His hand are the deep places of the earth; the strength of the hills is His also.

Refrain: O Son of God, Who are wondrous in Your saints, save us who sing to You: Alleluia!

TROPARIA

Tone 4 You are worthy of praise, O Paraskeva.

You loved the ascetic and hesychast life.

You ran with longing to your Bridegroom, Christ.

You accepted His good yoke in your tender years, marking yourself with the sign of the Cross.

You fought against impure thoughts;

through fasting, prayer and the shedding of tears you quenched the burning coal of the passions.

Now in the heavenly bridal chamber of Christ,

as you stand together with the wise virgins//

intercede for us who honor your precious memory.

Tone 4 In truth you were revealed to your flock as a rule of faith, / a model of meekness, and teacher of abstinence, / so you won the heights by humility, and riches by poverty, / O Holy Father Nicholas, /intercede with Christ God to save our souls.

Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.

Amen. **KONTAKION**

(Tone 6) Protection of Christians never failing,

Mediatress before the Creator, ever constant.

Do not despise the voice of prayer of sinners,

but in your goodness come to help us who faithfully call upon you.

Hasten to entreat, hurry to pray, O Theotokos,

interceding always for those honor you.

The Prokeimenon in the Fourth Tone: God is wonderful in His Saints, / the God of Israel.

v: In Churches bless God, the Lord from the springs of Israel.

THE READING IS FROM THE EPISTLE OF THE APOSTLE PAUL TO THE GALATIANS (3:23-

29) Brethren: before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise.

Alleluia, Tone 8

v. Hear, O daughter, and see, and incline your ear.

v. Before your face the richest of people will pray.

THE HOLY GOSPEL ACCORDING TO LUKE (7:36-50)

COMMUNION HYMN I will receive the cup of salvation and call on the name of the Lord.

Alleluia! Alleluia! Alleluia!