

"Lord I Call..." Tone 7

Lord, I call upon You, hear me!
Hear me, O Lord!
Lord, I call upon You, hear me!
Receive the voice of my prayer,
when I call upon You!//
Hear me, O Lord!

Let my prayer arise
in Your sight as incense,
and let the lifting up of my hands
be an evening sacrifice!//
Hear me, O Lord!

Reader reads the rest of Psalm 140 and Psalm 141 on pgs 31 & 32 in the pew book, then:

STICHERA

v. (10) Bring my soul out of prison, that I may give thanks to Your Name!

Tone 7 Come, let us rejoice in the Lord,
Who destroyed the dominion of death!
Let us sing to Him with the bodiless hosts,
for He enlightened the race of man!//
O our Maker and Savior, glory to You!

v. (9) The righteous will surround me; for You will deal bountifully with me.

You endured the Cross and burial for our sake.
By Your death, You destroyed death as God.
We fall down before Your Resurrection on the third day,//
O Savior, glory to You!

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

When the Apostles beheld the Resurrection of the Maker,
they were amazed and sang the angelic praise.
This is the glory of the Church.
This is the richness of the Kingdom.//
O Lord, crucified for our sake, glory to You!

v. (7) Let Your ears be attentive to the voice of my supplications!

You were held by lawless men, O Christ,
but to me, You are God, and I am not ashamed.
You were smitten on the cheek, but I do not deny You.
You were nailed to the Cross and I do not conceal it,
for I glory in Your Resurrection: Your death is my life.//
O Almighty Lord and Lover of man, glory to You!

v. (6) *If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.*
Fulfilling the prophecy of David,
Christ manifested His greatness in Zion to the disciples.
He is praised and always glorified,
together with the Father and the Holy Spirit.
At first as the Word, He was bodiless,
but then He took flesh and was slain for our sake.//
He rose in power as the Lover of man!

v. (5) *For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.*

You descended into hell as You willed, O Christ,
overthrowing death as God, and rising on the third day as Master!
With Yourself You raised Adam from the bonds of hell and from corruption!//
Glory to Your Resurrection, O only Lover of man!

v. (4) *From the morning watch until night, from the morning watch, let Israel hope on the Lord! (St Theodosius of Trnovo)*

Tone 8 A holy, precious, divine and radiant lamp
is not left hidden under the bushel of life,
rather, the Lover of mankind elevates him unto a high summit
through the gift of miracles; //
by his intercessions O Christ grant to Your people great mercy.

v. (3) *For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.*

A holy, precious, divine and radiant lamp
is not left hidden under the bushel of life,
rather, the Lover of mankind elevates him unto a high summit
through the gift of miracles; //
by his intercessions O Christ grant to Your people great mercy.

v. (2) *Praise the Lord, all nations! Praise Him, all peoples!*

O all-honored one,
taking in your hands the divine plough
you undertook a multitude of God-pleasing labors,
never turning back, you pressed ever forward into the Kingdom of Christ our God, //
Who became Incarnate for the salvation of our souls.

v. (1) *For His mercy is confirmed on us, and the truth of the Lord endures forever.*

In your body likened unto a buoyant boat
you were carried freely across the sea of life
by the gentle breezes of your peaceful spirit.
You, O wise one, having found the pearl of great price,
went and sold all that you had, and bought it. //
Fervently protecting it, you found blessedness in its divine virtues.

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 6 You have kept the image unharmed.

By fasting you set your mind above pernicious passion.

You rose to the Master in his divine image as far as man is able,

Having restrained your nature.

You strove to make the lower part obey the higher

So that the spirit would rule the flesh.

Therefore you are an example to those living the ascetic life,

Dweller of the wilderness!

Teacher of those who run to you for their benefit,

Renowned example of virtue, our father Theodosius

Now in the heavens you behold in all purity the holy Trinity, //

While you pray on behalf of those who honor you in faith and love!

now and ever, and unto ages of ages. Amen. Tone 7 (Theotokion – Dogmatikon)

No tongue can speak of your wonderful childbearing,

for the order of nature was overruled by God.

You were revealed to be a Mother above nature,

for you remained a Virgin beyond reason and understanding.

Your conception was most glorious, O Theotokos!

The manner of your giving birth was ineffable, O Virgin!

Knowing you to be the Mother of God,

devoutly we pray to you: //

“Beseech Him to save our souls!”

SCRIPTURE READINGS

The Reading is from Proverbs. Selection.[25]

The memory of a just man is praised, and the Lord's blessing is upon his head. Blessed is one who has found wisdom; a mortal who knows understanding. To import her is better than treasures of gold and silver. She is more valuable than precious stones; nothing of value equals her worth. Justice proceeds from her mouth; she bears law and mercy on her tongue. Therefore, my children, listen to me, for I speak weighty things. And blessed is the one who keeps my ways. For my goings out are the goings out of life, and favour is prepared from the Lord. Therefore I exhort you, and utter my voice to the children of humankind. Because I, Wisdom, have prepared counsel, knowledge and understanding. I have called on them. Counsel and sureness are mine; prudence is mine, strength is mine. I love those who are my friends, while those who seek me will find grace. You innocent, then, understand cunning; you untaught, take it to heart. Listen to me, for I will speak weighty things, and I will open right things from my lips. Because my throat will meditate truth; lying lips are abominable before me. All the words of my mouth are with justice, there is nothing crooked in them nor twisted. They are all straight for those who understand, and right for those who find knowledge. For I teach you what is true, that your hope may be in the Lord and that you may be filled with spirit.

The Reading is from Proverbs. [10:31-32 & 11:1-12]

The mouth of the just drops wisdom; but the tongue of the unjust will be cut out. The lips of just men know graces; but the mouth of the impious is turned away. A false balance is an abomination before the Lord; but a just weight is acceptable to him. Wherever pride enters, there too dishonour; but the mouth of the humble meditates wisdom. The perfection of the devout will guide them, but the crookedness of the treacherous will carry them off. Property does not profit in the day of wrath, but justice will deliver from death. When a just man dies he leaves regret; ready and welcome the destruction of the ungodly. The justice of the blameless keeps their ways straight, but impiety encounters injustice. The justice of upright men will deliver them, but transgressors are caught by base counsel. When a just man dies his hope does not perish; but the boast of the ungodly perishes. A just man escapes from the hunt, but the ungodly is given up in his place. In the mouth of the ungodly is a snare for citizens, but the perception of the just brings prosperity. By the good things of the just a city is successful, and in the loss of the ungodly their is gladness. By the blessing of the upright a city is exalted, but by the mouth of the ungodly it will be overthrown. One who lacks sense sneer at their fellow citizens, an intelligent man practices stillness.

The Reading is from the Wisdom of Solomon. [3:1-9]

The souls of the just are in the hand of God, and no torment will ever touch them. In the eyes of fools they seemed to have died, their departure was reckoned a disaster and their going from us a destruction; but they are in peace. For though in the sight of mortals they were punished, their hope is full of immortality. And having been disciplined a little, they will receive great good; because God tried them and found them worthy of himself. He proved them like gold in a furnace and accepted them as a sacrificial whole burnt offering. At the moment of their visitation they will shine out, and they will run like sparks through stubble. They will judge nations and hold sway over peoples, and the Lord will be their king to the ages. Those who have put their trust in him will understand truth; and the faithful in love will abide with him; because grace and mercy are upon his holy ones, and his visitation upon his chosen ones.

APOSTICHA

Tone 7 As the Savior of the world You arose from the tomb.
As God You resurrected the race of man with Your flesh.//
O Lord, glory to You!

v. The Lord is King; He is robed in majesty!

Come, let us worship the One Who rose from the dead,
and enlightened all creation!

By His death, He saved us from the torments of hell.//
By His Resurrection He has granted us eternal life and great mercy.

v. For He has established the world, so that it shall never be moved.

You descended into hell, capturing death, O Christ.
In three days You arose again,
resurrecting us who glorify Your Resurrection,//
O Lord and Lover of man.

v. Holiness befits Your house, O Lord, forevermore!

When You were placed in the tomb as one asleep,
the sight was great and awesome.
But when You rose on the third day as almighty God,
You resurrected Adam with Yourself.//
Glory to Your Resurrection, only Lover of man!

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 8 We honor you as a teacher of monastics,
O Theodosius our Father,
for from you we have truly learned to walk upon the straight and narrow path.
Blessed are you who labored for Christ and laid to waste the might of the enemy;
O friend of the Angels and companion of the holy and just ones, //
do you, with them, ever intercede before the Lord that our souls may be saved.

now and ever, and unto ages of ages. Amen. Tone 8 (Theotokion)

O unwedded Virgin,
who ineffably conceived God in the flesh,
O Mother of God most high,
accept the cries of your servants, O blameless One!
Grant cleansing of transgressions to all!//
Receive our prayers and pray to save our souls!

TROPARIA

Tone 7 By Your Cross You destroyed death.
To the thief You opened Paradise.
For the Myrrhbearers You changed weeping into joy.
And You commanded Your disciples, O Christ God,
to proclaim that You are risen,//
granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, Tone 8 Troparion (St. Theodosius of Trnovo)
The image of God was truly preserved in you, O Father, / for you took up the Cross and followed
Christ. / By so doing, you taught us to disregard the flesh for it passes away; / but to care instead
for the soul, for it is immortal. // Therefore your spirit, O holy Father Theodosius, rejoices with the
angels.

now and ever, and unto ages of ages. Amen. Tone 8 Resurrectional Dismissal Theotokion

For our sake You were born of the Virgin
and endured crucifixion, O Good One, destroying death by death.
Revealing the Resurrection as God, do not despise the work of Your hand!
Reveal Your love for man, O Merciful One, and accept the Theotokos praying for us,//
and save the despairing people, O our Savior!