

MARCH 14

3rd Sat. of the Great Fast - Memorial Saturday/ Ven. Benedict of Nursia (sung on Friday, Mar 13)

"Lord I Call..." Tone 7

Then the rest of Psalm 140 and Psalm 141 on PAGE 20

STICHERA at PAGE 21

v. (10) *Bring my soul out of prison, that I may give thanks to Your name! Tone 7*

Like the Prodigal, I have turned away from Your grace. / I have spent the riches of Your goodness, O Lord. / I now run to You, crying, O tender-hearted One:// "I have sinned, O God, have mercy on me!"

v. (9) *The righteous will surround me; for You will deal bountifully with me.*

Like the Prodigal, I have turned away from Your grace. / I have spent the riches of Your goodness, O Lord. / I now run to You, crying, O tender-hearted One:// "I have sinned, O God, have mercy on me!"

v. (8) *Out of the depths I cry to You, O Lord. Lord, hear my voice! Tone 6*

Walking in the steps of Christ's sufferings, / the whole company of martyrs resolutely approached their many struggles, / and proclaimed Him as God before the ungodly torturers and lawless kings;/ and they endured many torments / in the hope of obtaining the glories of heaven. / Seeing them now, they rejoice, / and with all the choirs of the bodiless hosts, // they stand in the presence of the Lord.

v. (7) *Let Your ears be attentive to the voice of my supplications!*

Your martyrs, O Lord, / did not deny You, / nor did they forsake Your commandments.// By their intercessions, have mercy on us!

v. (6) *If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.*

Your martyrs, O Lord, / did not deny You, / nor did they forsake Your commandments.// By their intercessions, have mercy on us!

v. (5) *For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.*

Your victorious Martyrs, when they contended on this earth, / endured great torments; / but now they dwell in heaven and have received a perfect crown, // that they may offer intercession for our souls.

v. (4) *From the morning watch until night, from the morning watch, let Israel hope on the Lord!*

Tone 2 O Father, you denied the world from your youth. / You were joyful with true faith and love/ as you followed the crucified Christ. / You mortified your flesh / through many tasks of obedience / and received richly the gift of healing: / You alleviated various illnesses / and drove out evil spirits, // O greatly admirable Benedict.

v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

O Father, you denied the world from your youth. / You were joyful with true faith and love / as you followed the crucified Christ. / You mortified your flesh / through many tasks of obedience / and received richly the gift of healing: / You alleviated various illnesses / and drove out evil spirits,// O greatly admirable Benedict.

v. (2) Praise the Lord, all nations! Praise Him, all peoples!

You were the adornment of monastics, O Benedict, / assembling a countless multitude to hymn the Lord. / You guided to heaven / the steps of all who rightly followed your divine teachings / and imitated your virtuous life, O Father. / With them, we fittingly honor you, // rejoicing in your dormition.

v. (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.

You called down rain from the skies, O Father, / by your divine prayers, like Elias of old. / You caused a vessel to pour forth with oil, O venerable one; / You raised the dead and worked many other miracles / to the glory of the God and Savior of all.// Therefore with love we celebrate your glorious memory, O Benedict.

Glory to the Father, and to the Son, and to the Holy Spirit; Tone

Your creating command was my origin and my foundation. / For You willed to fashion me as a living creature / from natures visible and invisible: / You made my body from the earth / and gave me a soul by Your divine and life-creating breath. / Therefore, O Savior, grant rest to Your servants in the land of the living,// in the mansions of the righteous!

now and ever, and unto ages of ages. Amen. Tone 6

Who will not bless you, O most holy Virgin? / Who will not sing of your most pure childbearing?/ The only-begotten Son shone timelessly from the Father, / but from you He was ineffably incarnate./ God by nature, yet Man for our sake, / not two persons, but one known in two natures./ Entreat Him, O pure and all-blessed Lady,// to have mercy on our souls!

Then Page 22:

Deacon: Wisdom! Upright!

Choir: O Gladsome Light...

1st Reading – Genesis 8:4-21

Deacon: Let us attend!

Priest: Peace to all!

Choir: And to your spirit!

Deacon: Wisdom!

Reader: The prokeimenon in the fourth tone: Give us help from affliction / and in vain is the salvation of man. (Ps 59:11)

Chanter: Give us help from affliction and in vain is the salvation of man.

Reader: O God, you drove us away and brought us down, you were wrathful and pitying to us. (Ps 59/60:1)

Chanter: Give us help from affliction and in vain is the salvation of man.

Reader: Give us help from affliction

Chanter: and in vain is the salvation of man.

Deacon: Wisdom!

Reader: The Reading is from Genesis (8:4-21)

Deacon: Let us attend!

Reader: The ark came to rest in the seventh month, on the twenty seventh day of the month, on the mountains of Ararat. While the water grew less until the tenth month. And in the tenth month, on the first of the month, Noah opened the window of the ark, which he had made, and sent forth the raven to see if the water had ceased and going out it did not return until the water had dried up from the earth. And he sent the dove after it to see if the water had ceased from the earth. And the dove not finding rest for her feet returned to him into the ark, because water was on all the face of the earth, and stretching out his hand he took her and brought her to himself into the ark. And having waited again seven other days again he sent out the dove from the ark. And the dove returned to him towards evening, and she had a an olive leaf, a twig, in her mouth, and Noah knew that the water had ceased from the earth. And he waited again seven other days and again sent out the dove, and she did not return to him again. And it came to pass in the six hundred and first year in the life of Noah, in the first month, on the first of the month, that the water subsided from the earth. And Noah uncovered the roof of the ark, which he had made, and saw that the water had subsided from the face of the earth. In the second month on the twenty second of the month the earth was dry. And the Lord God spoke to Noah saying, 'Come out of the ark, you and your wife and your sons and your sons' wives and all the wild beasts that are with you, and all flesh from the winged creatures to the cattle, and every reptile moving on the earth, bring out with yourself; and increase and multiply upon the earth'. And Noah and his wife and his sons and his sons' wives with him; and all the wild beasts and all the cattle and every winged creature and every reptile moving on the earth according to their kind came out of the ark. And Noah built an altar to the Lord; and took of all the clean beasts and of all the clean birds and offered them as a whole burnt offering on the altar. And the Lord God smelt an odour of sweetness.

Deacon: Wisdom!

Reader: The prokeimenon in the sixth tone: Hear, O God, my supplication, attend to my prayer. *(Ps 60:1)*

Chanter: Hear, O God, my supplication, attend to my prayer.

Reader: From the ends of the earth I cried to you. *(Ps 60:2)*

Chanter: Hear, O God, my supplication, attend to my prayer.

Reader: Hear, O God, my supplication,

Chanter: attend to my prayer.

EVERYONE KNEELS.

Deacon: Command!

Priest: Wisdom! Upright! The Light of Christ illumines all!

Reader: The reading is from Proverbs. **(2nd Reading – Proverbs 10:31-11:12)**

Deacon: Let us attend!

Reader: The mouth of the just distils wisdom, but the tongue of the unjust will perish. The lips of just men distil graces, but the mouth of the ungodly is turned away. Falsified balances are an abomination before the Lord, but a just weight is acceptable to him. Wherever arrogance enters, there too does dishonour; but the mouth of the humble meditates wisdom. The perfection of the upright will guide them, and the overthrow of the rebellious will spoil them. Possessions will profit nothing in a day of wrath, but justice will deliver from death. When a just man dies he has left regret, but the destruction of the ungodly is speedy and brings joy. Justice rightly directs blameless ways, but ungodliness falls in with injustice. The justice of upright men delivers them, but transgressors are caught by their destruction. When a just man has come to his end hope does not perish, but the boast of the ungodly perishes. A just man escapes from a trap, in his stead the ungodly is handed over. In the mouth of the ungodly is a snare for citizens; but the perception of the just is prosperous. By the good things of the just a city prospers, and in the loss of the ungodly there is rejoicing. By the blessing of the upright a city will be exalted, but by the mouth of the ungodly it was overthrown. One lacking in sense sneers at citizens, but a man of prudence brings stillness.

**THE PRESANCTIFIED LITURGY CONTINUES WITH “LET MY PRAYER ARISE...” ON THE
ON PAGE 24**