

## "Lord I Call..." Tone 7

Lord, I call upon You, hear me!  
Hear me, O Lord!  
Lord, I call upon You, hear me!  
Receive the voice of my prayer,  
when I call upon You!//  
Hear me, O Lord!

Let my prayer arise  
in Your sight as incense,  
and let the lifting up of my hands  
be an evening sacrifice!//  
Hear me, O Lord!

Reader reads the rest of Psalm 140 and Psalm 141 on pgs 31 & 32 in the pew book, then:

## STICHERA

*v. (10) Bring my soul out of prison, that I may give thanks to Your Name! Tone 7*

Come, let us rejoice in the Lord,  
Who destroyed the dominion of death!  
Let us sing to Him with the bodiless hosts,  
for He enlightened the race of man!//  
O our Maker and Savior, glory to You!

*v. (9) The righteous will surround me; for You will deal bountifully with me.*

You endured the Cross and burial for our sake.  
By Your death, You destroyed death as God.  
We fall down before Your Resurrection on the third day,//  
O Savior, glory to You!

*v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!*

When the Apostles beheld the Resurrection of the Maker,  
they were amazed and sang the angelic praise.  
This is the glory of the Church.  
This is the richness of the Kingdom.//  
O Lord, crucified for our sake, glory to You!

*v. (7) Let Your ears be attentive to the voice of my supplications!*

You were held by lawless men, O Christ,  
but to me, You are God, and I am not ashamed.  
You were smitten on the cheek, but I do not deny You.  
You were nailed to the Cross and I do not conceal it,  
for I glory in Your Resurrection: Your death is my life.//  
O Almighty Lord and Lover of man, glory to You!

*v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You. **Tone 1 (for St. Timothy) (O all-praised martyrs)***

You were manifestly illumined by the rays of the Spirit,  
O divinely revealed Timothy.  
You were shown to be a shining beacon,  
passing over all the earth and enlightening it with grace.//  
Ever pray now that our souls may be granted peace and great mercy!

*v. (5) For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.*

O divinely wise Timothy,  
you drank of the River of Sweetness.  
Following Christ, with godly wisdom,  
you gave drink to those who fervently desire the understanding of God.  
Now you have joyously departed to Him,  
contemplating the all-radiant glory of the Trinity,//  
and infinitely powerful peace.

*v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!*

You placed yourself in submission to Paul,  
conversing with the Spirit through writing.  
You became wholly radiant with light,  
a generous husbandman and earnest favorite of the Lord.  
You lived in chastity and piety,  
O divinely wise Timothy,//  
and have been given crowns of victory as a legitimate athlete.

*v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities. **Tone 1 (for St. Anastasius) (O all-praised martyrs)***

O joy and boast of martyrs,  
you achieved great victories over falsehood.  
You bear the glory and renown of the Resurrection,  
for which you are named, O all-blessed Anastasius.  
You are raised up everywhere as a faithful conqueror.  
Raise up now from falling into sin//  
those who with faith honor your memory!

*v. (2) Praise the Lord, all nations! Praise Him, all peoples!*

O Martyr Anastasius,  
having achieved steadfast victories against error,  
you received a twofold crown for your ascetic struggle,  
and for your firm contest and your endurance to the point of death.//  
And Christ the Master has fittingly granted you the power to perform miracles.

**V. (1)** *For His mercy is confirmed on us, and the truth of the Lord endures forever.*

The ends of the world now sing of your miracles,  
O Anastasius, worker of wonders.  
For enduring tortures for the sake of Christ,  
He has adorned you with the power to perform miracles,//  
and has accounted you worthy of immortal glory and blessedness.

*Glory to the Father, and to the Son, and to the Holy Spirit; **Tone 8** (for St. Timothy)*

You were forechosen by God to be the disciple of the wise Paul,  
learning divine things.  
You lived in goodness and preserved the faith in purity  
even to the shedding of your blood.  
You were shown to be a faithful bishop, O Apostle Timothy.  
You denounced the idolaters,  
and, wounded by clubs and stones,  
you received the crown of martyrdom.//  
Therefore, O most blessed one, pray for us who celebrate your most honored memory with faith!

*now and ever, and unto ages of ages. Amen. **Tone 7** (Theotokion – Dogmatikon)*

No tongue can speak of your wonderful childbearing,  
for the order of nature was overruled by God.  
You were revealed to be a Mother above nature,  
for you remained a Virgin beyond reason and understanding.  
Your conception was most glorious, O Theotokos!  
The manner of your giving birth was ineffable, O Virgin!  
Knowing you to be the Mother of God,  
devoutly we pray to you://  
“Beseech Him to save our souls!”

## **APOSTICHA**

**Tone 7** As the Savior of the world You arose from the tomb.  
As God You resurrected the race of man with Your flesh.//  
O Lord, glory to You!

**V.** *The Lord is King; He is robed in majesty!*

Come, let us worship the One Who rose from the dead,  
and enlightened all creation!  
By His death, He saved us from the torments of hell.//  
By His Resurrection He has granted us eternal life and great mercy.

**V.** *For He has established the world, so that it shall never be moved.*

You descended into hell, capturing death, O Christ.  
In three days You arose again,  
resurrecting us who glorify Your Resurrection,// O Lord and Lover of man.

*V. Holiness befits Your house, O Lord, forevermore!*

When You were placed in the tomb as one asleep,  
the sight was great and awesome.  
But when You rose on the third day as almighty God,  
You resurrected Adam with Yourself.//  
Glory to Your Resurrection, only Lover of man!

*Glory to the Father, and to the Son, and to the Holy Spirit; Tone 2 (for St. Anastasius)*

You magnified the power of the precious Cross, O Christ,  
as in Judea and Babylon,  
for through it, the people came to know the feast of Your life-creating Resurrection.  
Now the all-praised and glorious athlete Anastasius,  
a martyr of countless miracles,  
has freed them from the captivity of idolatry's madness.//  
Together with the Angels, he prays for our souls.

*now and ever, and unto ages of ages. Amen. Tone 2 (Theotokion)*

A new miracle surpasses all ancient miracles!  
Who knows of a Mother who gave birth without a man,  
who carried in her arms her Creator?  
This birth is the will of God!  
Since you carried Him as an infant in your arms, O most pure one,  
and since you possess motherly boldness before Him,  
do not cease praying for us who honor you,//  
that He may be bountiful and save our souls!

## TROPARIA

**Tone 7** By Your Cross You destroyed death. / To the thief You opened Paradise. / For the Myrrhbearers You changed weeping into joy. / And You commanded Your disciples, O Christ God, to proclaim that You are risen,// granting the world great mercy.

**Tone 4** Having learned goodness and maintaining continence in all things, / you were arrayed with a good conscience as befits a priest. / From the Chosen Vessel you drew ineffable mysteries; / you kept the Faith, and finished a course equal to his.// Hieromartyr Timothy, entreat Christ God that our souls may be saved!

*Glory to the Father, and to the Son, and to the Holy Spirit, Tone 4*

Your holy martyr Anastasius, O Lord, / through his sufferings has received an incorruptible crown from You, our God. / For having Your strength, he laid low his adversaries, / and shattered the powerless boldness of demons.//Through his intercession, save our souls!

*now and ever, and unto ages of ages. Amen. Tone 4 Resurrectional Dismissal Theotokion*

The mystery hidden from all eternity, / unknown even by Angels, / through you, Theotokos, is revealed to those on earth: / God incarnate by union without confusion. / He voluntarily accepted the Cross for us, / by which He resurrected the first-created man,// saving our souls from death.