

SUNDAY, AUGUST 11, 2024

TONE 6

7th Sunday after Pentecost / Afterfeast of the Transfiguration

“Lord I Call...” Tone 6

Lord, I call upon You, hear me!
Hear me, O Lord!
Lord, I call upon You, hear me!
Receive the voice of my prayer,
when I call upon You!//
Hear me, O Lord!

Let my prayer arise
in Your sight as incense,
and let the lifting up of my hands
be an evening sacrifice!//
Hear me, O Lord!

**After “Lord I Call...” the Reader reads the rest of Ps. 140 & Ps. 141 on pgs 31 in the pew book, then:
STICHERA**

v. (10) Bring my soul out of prison, that I may give thanks to Your Name! Tone 6

Possessing victory over hell, O Christ,
since You are free among the dead,
You ascended the Cross
raising with Yourself those who sat in the shades of death.//
Drawing life from Your light, O almighty Savior, have mercy on us!

v. (9) The righteous will surround me, for You will deal bountifully with me.

Today Christ tramples on death,
for He is risen as He said!
Let us all sing this song,
for He has granted joy to the world:
O Light unapproachable, O Fountain of life!//
O Savior almighty, have mercy on us!

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

Where shall we sinners flee from You, Who are in all creation?
In heaven You dwell!
In hell You trampled on death!
In the depths of the sea?
Even there is Your hand, O Master!
To You we flee, and falling before You, we pray://
O You Who rose from the dead, have mercy on us!

v. (7) Let Your ears be attentive to the voice of my supplications!

In Your Cross, we glory, O Christ.
We sing and glorify Your Resurrection.
For You are our God,//
and we know no other than You.

v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

We will always bless the Lord
by singing of His Resurrection!
For He endured the Cross, //
trampling down death by death.

v. (5) For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.

Glory to Your might, O Lord,
for You overthrew the prince of death,
by Your Cross renewing us, //
granting us life and incorruption.

v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!

Tone 1 (*Joy of the Heavenly Hosts*)

He, Who of old, spoke through images on Mount Sinai saying: "I am He Who Is,"
is today transfigured on Mount Tabor,
showing forth the Prototype, shining with rays of splendor. //
Therefore, O Christ, I magnify Your power.

v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

He, Who of old, spoke through images on Mount Sinai saying: "I am He Who Is,"
is today transfigured on Mount Tabor,
showing forth the Prototype, shining with rays of splendor. //
Therefore, O Christ, I magnify Your power.

v. (2) Praise the Lord, all nations! Praise Him, all peoples!

Taking with You Your favorite disciples, Peter, James, and John, O Christ,
You willingly led them up to the mountain
and showed them an awesome wonder:
the everlasting and unbearable magnificence //
of Your divine arrival from afar.

v. (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.

The Apostles of old
trembled at Your incomprehensible coming, O Christ.
They fell down on the ground and marveled at the power of Your divinity,
for You shone forth more brightly than the sun //
with Your ineffable power, O Good One.

Glory to the Father, and to the Son, and to the Holy Spirit; Tone 5

Come, let us go up to the mountain of the Lord,
to the house of our God,
and behold the glory of His Transfiguration,
the glory of the Only-begotten Son of the Father!
Let us receive light from His light!
Let us be uplifted in spirit, //
and forever sing the praises of the consubstantial Trinity!

now and ever, and unto ages of ages. Amen. Tone 6 (Theotokion – Dogmatikon)

Who will not bless you, O most holy Virgin?
Who will not sing of your most pure childbearing?
The only-begotten Son shone timelessly from the Father,
but from you He was ineffably incarnate.
God by nature, yet Man for our sake,
not two persons, but one known in two natures.
Entreat Him, O pure and all-blessed Lady, //
to have mercy on our souls!

APOSTICHA

Tone 6 Your Resurrection, O Christ our Savior,
the Angels in heaven sing!
Enable us on earth //
to glorify You in purity of heart!

v. The Lord is King; He is robed in majesty!

Destroying the gates of hell,
breaking the chains of death,
You resurrected the fallen human race as almighty God! //
O Lord, Who rose from the dead, glory to You!

v. For He has established the world, so that it shall never be moved.

Desiring to return us to Paradise,
Christ was nailed to the Cross and placed in a tomb.
The Myrrhbearing Women sought Him with tears, crying,
“Woe to us, O Savior!
How do You deign to descend to death?
What place can hold Your life bearing body?
Come to us as You promised!
Take away our wailing and tears!”
Then the Angel appeared to them:
“Stop your lamentations! / Go, proclaim to the Apostles:
“The Lord is risen, // granting us purification and great mercy!”

V. Holiness befits Your house, O Lord, forevermore!

Having been crucified as You willed,
by Your burial You captured death, O Christ,
rising on the third day as God in glory,//
granting the world unending life and great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.

Tone 6 Today on Mount Tabor, O Lord,
You have shown the glory of Your divine form
to Your chosen Disciples, Peter, James and John.
For they looked upon Your garments that gleamed like the light
and at Your face that shone more than the sun.
Unable to endure the vision of Your brightness that none can bear,
they fell to the earth, powerless to gaze at the sight,
for they heard a voice that bore witness from above:
“This is My beloved Son//
Who has come into the world to save mankind!”

TROPARIA

Tone 6 The Angelic Powers were at Your tomb;
the guards became as dead men.
Mary stood by Your grave,
seeking Your most pure body.
You captured hell, not being tempted by it.
You came to the Virgin, granting life.
O Lord, Who rose from the dead,//
glory to You.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Tone 7 You were transfigured on the mountain, O Christ God,
revealing Your glory to Your Disciples as far as they could bear it.
Let Your everlasting Light also shine upon us sinners,
through the prayers of the Theotokos!//
O Giver of Light, glory to You!