

# FIRST SATURDAY OF LENT- ST. THEODORE THE RECRUIT

ANTIPHONS - in music book

## ENTRANCE HYMN:

Come let us worship and fall down before Christ Who is wonderful in His saints, O Son of God, save us who sing to you! Alleluia! Alleluia! Alleluia!

## TROPARIA

**Tone 2** Great are the accomplishments of faith. / The holy martyr Theodore rejoiced in the flames as though in the still waters of rest. / Consumed in the fire, he was offered up as a sacrifice to the Trinity.//So by his prayers, O Christ God, save our souls!

**Tone 4** The truth of things has revealed you to your flock as a rule of faith, a model of meekness, and teacher of abstinence, so you won the heights by humility, and riches by poverty, O Holy hierarch Nicholas, intercede with Christ God to save our souls.

## KONTAKION:

**Tone 6** Protection of Christians that cannot be put to shame, unwavering mediation with the Maker, do not despise the voices of the supplications of sinners, but come quickly, as a one, to our help, who with faith cry to you, "Hasten to the intercession and be quick to the entreaty, eternal protectress, Birthgiver of God, of those who honor you."

## THE APOSTLE

*Deacon:* Let us attend!

*Priest:* Peace to all!

*Reader:* **And to your spirit!**

*Deacon:* Wisdom!

*Reader:* **The prokeimenon in the seventh tone: A righteous one will be gladdened in the Lord and will hope in him.** (Psalm 63:11)

*Cantor:* A righteous one will be gladdened in the Lord and will hope in him.

*Reader:* **Hear, O God, my voice when I implore you.** (Psalm 63:1)

*Cantor:* A righteous one will be gladdened in the Lord and will hope in him.

*Reader:* **A righteous one will be gladdened in the Lord**

*Cantor:* and will hope in him.

*Deacon:* Wisdom!

*Reader:* **The reading is from the second epistle of the holy apostle Paul to Timothy. (2:1-10)**

*Priest:* Let us attend!

**Reader:** Timothy, my son: be strong in the grace that is in Christ Jesus. And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also. You therefore must endure hardship as a good soldier of Jesus Christ. No one engaged in warfare entangles himself with the affairs of this life, that he may please him who enlisted him as a soldier. And also if anyone competes in athletics, he is not crowned unless he competes according to the rules. The hardworking farmer must be first to partake of the crops. Consider what I say, and may the Lord give you understanding in all things. Remember that Jesus Christ, of the seed of David, was raised from the dead according to my gospel, for which I suffer trouble as an evildoer, even to the point of chains; but the word of God is not chained. Therefore I endure all things for the sake of the elect, that they also may obtain the salvation which is in Christ Jesus with eternal glory.

**Priest:** Peace to you (who have read)!

**Reader:** And to your spirit! Alleluia in the fourth tone. Alleluia! Alleluia! Alleluia!

**Cantor:** Alleluia! Alleluia! Alleluia!

**Reader:** A righteous one will blossom like a palm, and will multiply like a cedar which is in Lebanon. *(Psalm 91:11)*

**Cantor:** Alleluia! Alleluia! Alleluia!

**Reader:** Planted in the house of the Lord, they will blossom up in the courts of our God. *(Psalm 91:12)*

**Cantor:** Alleluia! Alleluia! Alleluia!

## THE HOLY GOSPEL ACCORDING TO JOHN 15:17-16:2

**COMMUNION HYMN** A righteous one will be into eternal remembrance, he will not be frightened by an evil hearing. *(Psalm 111:6b-7a)* Alleluia, Alleluia, Alleluia!